## Survivorship after Prostate Brachytherapy

Sara Hodgkinson

Trainee Consultant Radiographer

#### Prostate Brachytherapy

- At Kent Oncology Centre radiographers manage the prostate patient pathway
- Post implant CT scan
- Telephone clinic
- Consultant clinic
- Long term follow up clinic



### Prostate Brachytherapy Long term follow up clinic

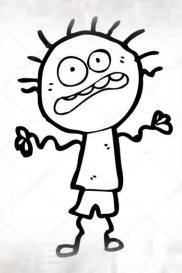
- PSA monitoring
- Side effect monitoring and advice
- Common side effects:
  - Irritative bladder symptoms
  - Stricture/scarring
  - Bleeding pu
  - Prostatitis
  - Irritated bowel symptoms
  - Proctitis
  - Bleeding pr



I think we should invest in this PSA company.

### Prostate Brachytherapy Long term follow up clinic

- PSA monitoring
  - PSA bounce
  - Rule out UTI
  - Continue 3 monthly until falls
  - If continues to rise considerMRI/PET



# Prostate Brachytherapy Urinary

- Irritative bladder symptoms
  - Frequency
  - Urgency
- Bladder training
- Anti-muscarinics



# Prostate Brachytherapy Urinary

- Stricture
  - Painful urination
  - Poor flow
  - Haematuria
- Treatment
  - Stricture clinic
  - Cystoscopy or urethrotomy
- OAB
  - Pelvic floor exercises
  - Medication anti-cholinergics such as solifenacin



# Prostate Brachytherapy Urinary

- Prostatitis
  - Pain, often difficult to define
  - Frequency
  - Erectile dysfunction
  - General tiredness, low mood
- Treatment
  - Antibiotics ciprofloxacin
  - Pelvic floor exercises
  - Pain meds eg. amytriptiline

#### Prostate Brachytherapy Bowel

- Irritative bowel symptoms
  - Diet advice
  - Probiotics
- Proctitis
  - Anti-inflammatories
  - Steroid suppositories/foam may need them intermittently
- Bleeding pr
  - Steroid foam or suppositories
  - Sucralfate enemas



#### Prostate Brachytherapy Bowel

- Bowel symptoms can be complex and require detailed history
- Late effects clinic
- Make friends with a gastro-enterologist



"You don't need a colonoscopy, but I'm sending you for one because, quite frankly, I don't like you."